

# FREE Parent Information Night

# What if my teen smokes marijuana?

**Monday, February 23, 7—8:30 p.m.**  
**At the Verdant Community Wellness Center**  
**4710 196th St. SW, Lynnwood**

Attend this Parent Information Night to better understand the new marijuana laws and learn how to talk to your kids about marijuana and alcohol use without using scare tactics or nagging. Lara Okoloko, MSW, a family therapist specializing in the ways that problematic substance use stresses the family, will answer common questions including, "Is marijuana addictive?" and "What do I do if I know they have already experimented with marijuana or alcohol?"

Parents are the biggest influence on their kids' decisions to not use drugs and alcohol. Are you using that influence as best you can?

Registration is required.  
Register online at **verdanthealth.org**  
or call 425-582-8600 for more information.



**verdanthealth.org**

STAYWell



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